



Who will have information about me?

No one will have information about you without your knowledge and agreement. You can also let us know if there is anybody you do not want to share your information with. You will always be kept informed about what we are doing and how we are working with others.

Who will support me with the Early Help process?

In the early stages, the most appropriate person to offer support is a person who knows you and your family the best. This can be a person from any agency and they are called the Lead Worker.

How can I find out more?

📞 0191 424 6210

✉️ frontdoor@southtyneside.gov.uk

DISCOVER
MORE
SCAN ME



My Lead worker is:

They can be contacted on:



How will Early Help support you and your family?

What is Early Help?

There are times in family life when things might be difficult or someone in the family is facing challenges. When you get help as soon as possible, things can get better much quicker for you, your child and family.

Early Help is not a designated team; it is a way working together to support children, young people and their families.

Early Help can offer support to families from pre-birth to adolescents with parenting, employment and school attendance, emotional wellbeing or anti-social behaviour.



How does Early Help work?

Early Help can help and support you to build on your strengths and find long term solutions, as well as developing your skills to help you manage any future challenges. We will bring together different people who will be able to offer the support you need. This could include schools, health professionals, early year's settings, housing and other key partners.

While lots of people might be working with you, there will be one key person who will support you and co-ordinate the help you need.

Your worker will be open, honest and respectful to you and provide support and challenge when needed.

What is a Team Around the Family meeting?

A Team Around the Family, sometimes known as TAF means just that – a team of people who will work with you and your family to ensure that you get the support you need when you need it.

How does it work?

Step 1 - Talk to you



Your worker will ask about any problems and discuss what support might help, they will also want to know what is going well. They will ask some questions and complete your Early Help Assessment and together you can agree a plan. This assessment will have all the information needed, so it means you will not need to keep telling your story to lots of different people.

Step 2 - The Plan



Your worker will arrange a meeting with you and other people who might be able to help. At the meeting they will talk about the kind of support available, and agree a plan with you of how to help and support, this is called the Team Around the Family meeting (TAF). This plan will clearly set out who will do what and when it will be done by.

Step 3 - The Review



Everyone will come back together to see how things are going and to agree if there needs to be any changes. The review meetings will happen every 6 weeks and will continue for as long as you need them, to ensure the support provided is making a difference to you and your family.