

# ≡ LIVE ≡

# HEALTHY

## SOUTH TYNESIDE

### Our Health and Wellbeing Strategy Vision:

“Work in partnership to improve the health, wellbeing and quality of life for children, adults and families and reduce health inequalities, to help people live longer and healthier lives.”

To achieve this, we have committed to achieving the following outcomes with the population:

Outcome	What does good look like?
Giving every Child and Young Person the Best Start	Every child and young person, regardless of their background, is provided with the opportunity to thrive and reach their full potential
Financial security to lead healthy, fulfilling lives	A thriving, sustainable and inclusive local economy in which the benefits and opportunities are distributed fairly across all communities
Good mental well-being and social connectivity across the life course	Cohesive and vibrant communities where all members feel included, valued, and supported
Safe and healthy places to live, learn, and work	Environments that help people to be healthy and make the most of the good things around them



South Tyneside Council